

Fife Anniversary Coastal Relay – North

Overview

This document contains maps for the start, finish and changeovers for the north section of the relay. Start at Tay Bridge and finish on Elie Beach, followed by refreshments at the Pavilion Café, Elie. The map below shows the entire section, with changeovers. If in doubt, the sea should be on your left.



Vital Statistics – travel times are approximate

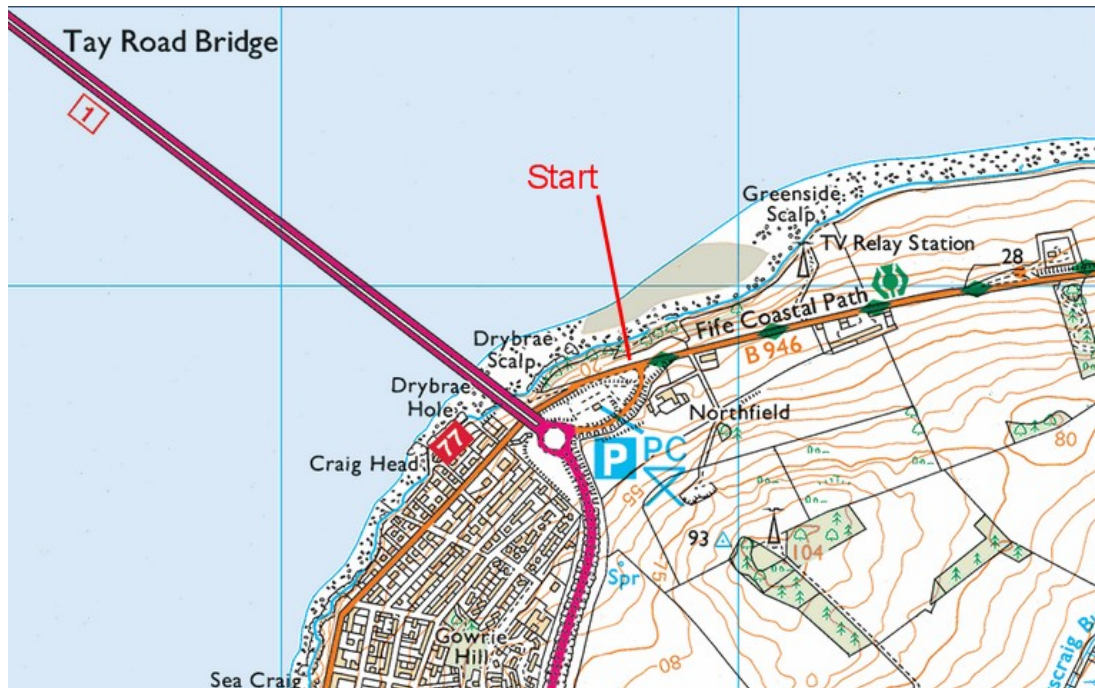
Leg	Start	Distance (miles)	Car travel time from previous start point (minutes)
1	Tay Bridge	8	
2	Tentsmuir Car Park, Kinshaldy	11	20
3	East Sands Leisure Centre, St Andrews	7	25
4	Kingsbarns Beach	9	15
5	Cellardyke, Kilrenny Car Park	8	20
	Elie beach		20

Start: Tay Bridge

Tay Bridgehead Car Park, Grid Reference: 427 287.

Race start: on the cycle track alongside the B946, just below the car park. Take care when crossing the B946 to the start.

Facilities: Toilets. Café.



Leg 1 / Leg 2 Changeover: Tentsmuir carpark, Kinshaldy

Kinshaldy Car Park, Grid Reference 498 243

Fee of £2 per vehicle required to access the car park. Changeover at north end of car park, close to the gate where coastal path enters the car park. Vehicles on the way to or from the car park will be sharing the road with Leg 2 runners for approx. 1.5miles.

Facilities: Toilets

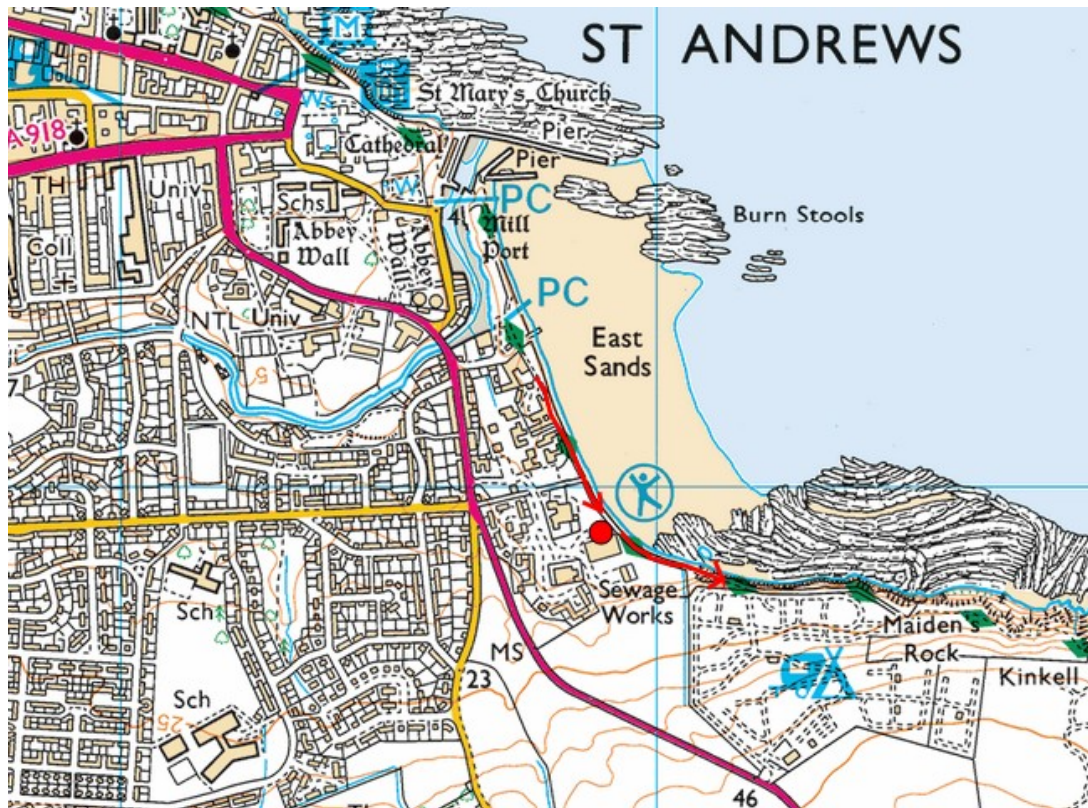


Leg 2 / Leg 3 Changeover: East Sands Leisure Centre, St Andrews

East Sands Leisure Centre, Grid Reference 519 159

Changeover just inside the fence on the grass by the access path from the Leisure Centre to the beach.

Facilities: Toilets (in Leisure Centre).

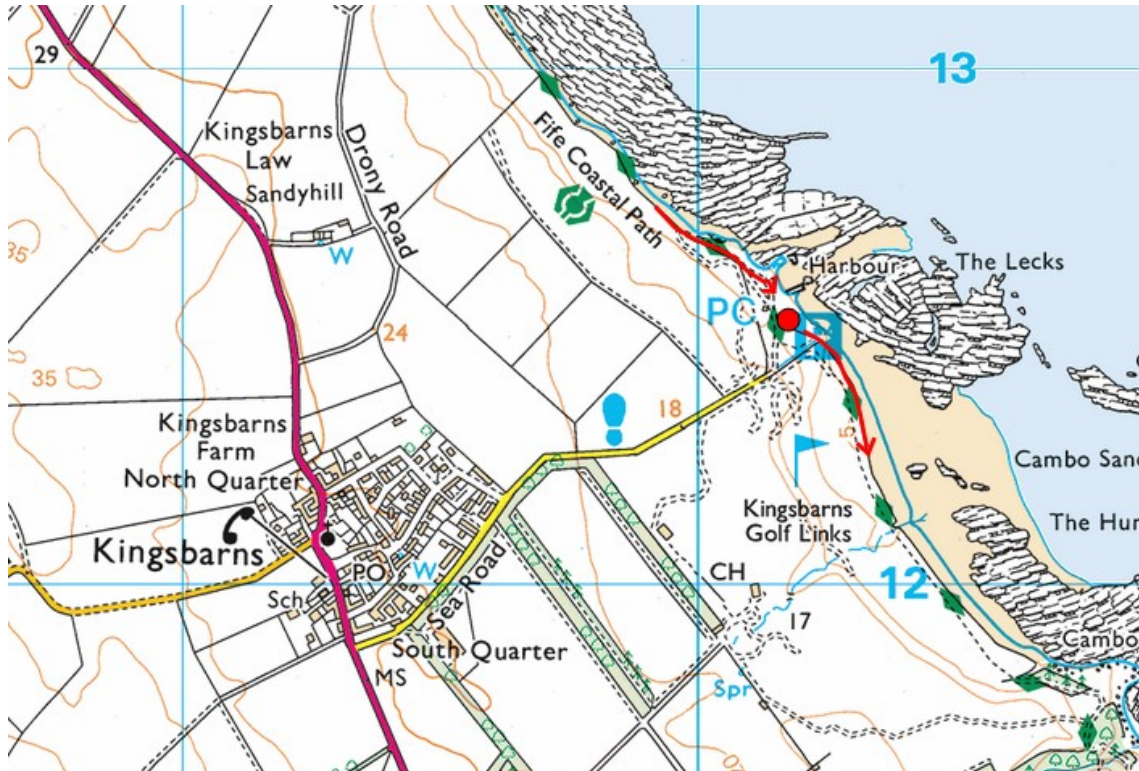


Leg 3 / Leg 4 Changeover: Kingsbarns beach carpark

Kingsbarns Beach car park Grid Reference 602 124

Changeover at north end of the car park, by one of the picnic benches left of the flag pole shown in the image below. If wet, the marshal may be in the shed! The access road the car park is narrow. Take care and be courteous to other drivers. Be aware that Leg 4 runners start by going through the car park.

Facilities: Toilets.

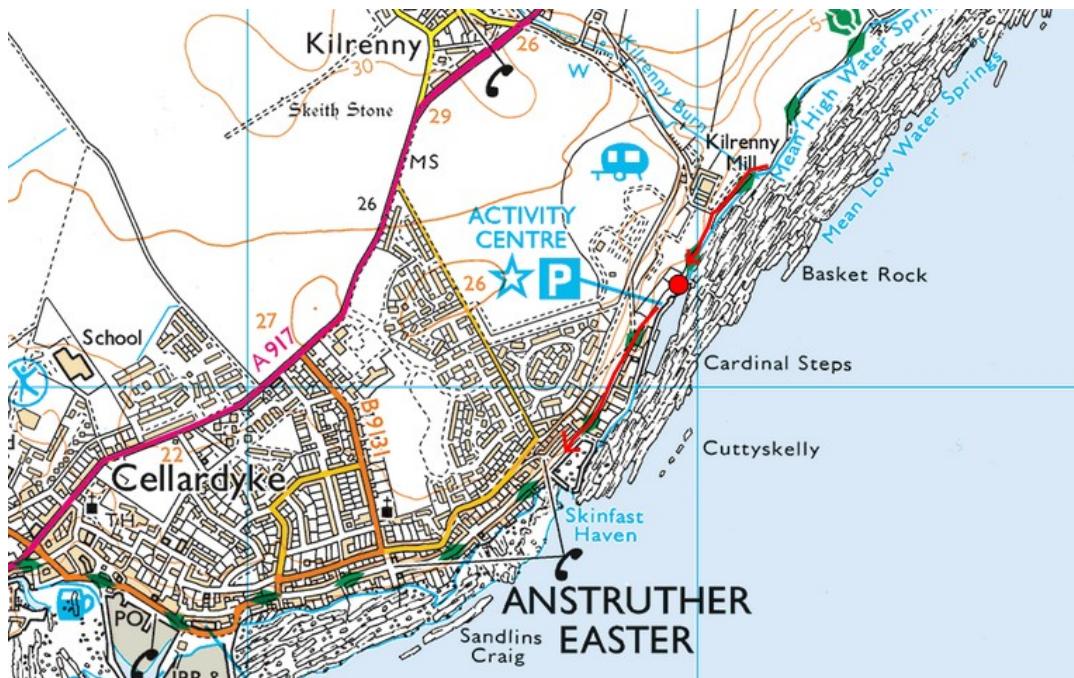


Leg 4 / Leg 5 Changeover: Cellardyke

Kilrenny car park by the entrance to the caravan park, Grid Reference 579 042

Changeover at north end of the car park, on the left hand side as viewed by incoming runners. The access road to the car park is narrow and will be used by Leg 5 runners. Take care.

Facilities: None. Public toilets approx. 1mile away in Anstruther.



The image below shows the final section of the road: follow the sign to Kilrenny Mill and the car park is on the right, opposite "East Neuk Outdoors".



Finish, Elie Beach

There is a car park at Elie Golf Course/Pavilion Café (see map below). If this car park is full, there are other car parks in the village within walking distance of the finish/café.

The finish will be on the beach, a very short walk down the road from the café/car park.

Facilities: toilets at the café. There will be sandwiches, tea and coffee at the Pavilion Café.

