



RISK ASSESSMENT FOR OFF-ROAD 5K RACE

Event	St Andrews 5K and Junior 1M	Assessment carried out by Graham Kirby
Venue	St Andrews	Signed Graham Kirby
Date of Event	12-April-2017	Date of Risk Assessment 28-March-2017

This is a flat race over 5 km in daylight hours in springtime, all on grass.

STEP 1	List the hazards identified	STEP 2	Recommendations for minimizing risk	STEP 3 – Action taken
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<p>COURSE <i>e.g. tree roots, streams (flooding)</i></p> <p>Possible fallen branches</p>	<p>RECOMMENDATIONS <i>e.g. taping off area, rerouting course</i></p> <p>Organisers to check for obstacles and remove during marking of course</p> <p>Marshals in place before race start</p>	<p>ACTION</p> <p>BEFORE RACE DAY: get tape, scissors, signage, flour; marshals and hi-viz.</p> <p>ON RACE DAY: arrive in good time to mark up course, put out signage, distribute hi-viz, brief marshals</p>
<p>STRUCTURES <i>e.g. damaged barriers, guide ropes to tents frayed</i></p> <p>N/A</p>	<p>RECOMMENDATIONS <i>e.g. replace or remove</i></p>	<p>ACTION TAKEN</p>
<p>COMPETITORS <i>e.g. changing facilities, toilets, out of bounds areas.</i></p> <p>Toilets and changing at University cricket pavilion.</p>	<p>RECOMMENDATIONS <i>e.g. signage and advice</i></p> <p>Details intimated on website and at registration.</p>	<p>ACTION TAKEN</p> <p>Done</p>

	All junior athletes to be supervised at the at the start of and, through marshals, during the event. Parents/guardians will be responsible for the safe conduct of participating junior athletes to and from the race start/finish and during waiting time at the venue.	
COMMUNICATIONS <i>e.g. lack of signal for mobile phones,</i> Inadequate communication between marshals along race route.	RECOMMENDATIONS <i>e.g. use of two way radios</i> No problem with mobile phone signal along the route. Marshals to each have a mobile phone and know the number to use to contact the Clerk during the race.	ACTION ON THE DAY. Marshals to have mobiles /exchange numbers with Clerk.
OFFICIALS <i>e.g. adequate numbers, knowledge of course i.e. location of first aid</i> Marshals, start/ finish officials required	RECOMMENDATIONS <i>e.g. briefing, signage, course map</i> Briefing, equipping	ACTION ON THE DAY. Briefing, equipping
FIRST AID <i>e.g. adequate numbers, access onto and off course</i> Medical emergencies	RECOMMENDATIONS <i>e.g. increase numbers, signage,</i> First Aid kit and defib in place at the start/finish	ACTION ON THE DAY To take defib and First Aid kit
CAR PARKING AND VEHICLES <i>e.g. safe access, crossing course</i> Car parking at Sports Centre and nearby is reasonable; short walk to race start from registration	RECOMMENDATIONS <i>e.g. rerouting access, provide signage, fluorescent vests</i> Intimated on website.	ACTION Map detailing registration/ start/finish has been published online

Phone numbers on Day – Clerk Frank McLaren 07729 689262