

Results: The Last Duel Trail Race 2023

Pos.	Race Nr.	Forename	Surname	Time	Age Group	Club
1	126	Ben	Kinninmonth	38.01	MS	Fife Athletic Club
2	108	Sean	Walker	38.21	MS	Pitreavie AAC
3	29	Alex	Reily	40.02	MS	Kinross Road Runners
4	74	Blair	Geddes	42.15	MS	Carnegie Harriers
5	25	Murray	Speight	42.28	MS	Kinross Road Runners
6	168	Rhona	van Rensburg	43.11	F50	Fife Athletic Club
7	170	Rory	Sandilands	43.13	M40	Fife Athletic Club
8	116	Julie	Menzies	43.29	F50	PH Racing Club
9	39	Steven	King	43.59	M50	Carnegie Harriers
10	36	Barry	Davie	44.19	M45	Carnegie Harriers
11	12	Matt	Newton	44.32	M45	Kinross Road Runners
12	89	Stephanie	Johnson	44.48	FS	Kinross Road Runners
13	162	Alistair	Nelson	45.00	M45	Carnegie Harriers
14	112	Kevin	Spowart	45.20	M40	Carnegie Harriers
15	149	Mark	Webster	45.28	M50	PH Racing Club
16	53	Ben	Hopkin	45.42	M45	Carnegie Harriers
17	135	Paul	Harkins	46.00	M45	Fife Athletic Club
18	169	Hendrick	van Rensburg	46.05	M50	Fife Athletic Club
19	109	Caroline	Jones	46.37	F40	Kinross Road Runners
20	147	Iain	Howatt	46.38	M55	Pitreavie AAC
21	134	Sean	Brown	46.47	F40	Fife Athletic Club
22	46	Andy	Harley	47.07	M40	Fife Athletic Club
23	54	Nils	Krichel	48.03	MS	Carnegie Harriers
24	174	Alan	Doig	48.19	MS	Unattached
25	75	John	Hendry	48.49	M60	Cumbernauld harriers
26	95	Dean	Abberley	48.50	MS	Perth Road Runners
27	160	Suzanne	Shaw	48.57	F45	Kirkintilloch Olympians
28	148	Lee	Hamilton	49.10	MS	Unattached
29	159	Gary	Shaw	49.12	M45	Kirkintilloch Olympians
30	17	Andrew	Ritchie	49.16	M55	Kirkcaldy Wizards
31	2	Ross	McArthur	49.20	MS	Falkland Trail Runners
32	150	Paul	Dick	49.23	M45	Pitreavie PAAC
33	48	Kenny	Fairfield	49.24	M50	Carnegie Harriers
34	8	Kathryn	Campbell	49.56	F40	Pitreavie AAC
35	35	Andrew	Spence	49.58	MS	Carnegie Harriers
36	96	Charles	Woodhead	50.25	M55	Perth Road Runners
37	33	Keith	Vandermotten	50.52	M60	Pitreavie AAC
38	100	Fabienne	Thompson	51.10	F55	Perth Road Runners
39	76	John	Hynd	51.23	M60	Carnegie Harriers
40	125	Brian	Leigh	51.30	M60	Unattached
41	86	Shona	Young	51.45	F55	Unattached
42	1	Michaela	McLean	51.47	F45	Kirkcaldy Wizards
43	78	Gary	Evans	51.57	M60	Carnegie Harriers
44	59	Zoey	Johnston	52.04	F45	Falkland Trail Runners
45	113	Joy	Gudgin	52.24	F60	Carnegie Harriers
46	5	Frazer	Munro	52.29	M55	Kinross Road Runners
47	40	Alison	Murray	52.39	F45	Carnegie Harriers
48	173	Owen	Bonner	52.40	MS	Unattached
49	138	Lucy	Brandt	53.00	F40	West End Road Runners

50	51	Michael	Atkinson	53.06	MS	Kinross Road Runners
51	49	Kathryn	Fairfield	53.14	F40	Carnegie Harriers
52	114	Chris	Bathgate	53.17	M45	Falkland Trail Runners
53	144	Brian	Miller	53.23	M45	Carnegie Harriers
54	99	Stewart	Reid	53.52	M40	Perth Road Runners
55	42	Gordon	Somerville	54.14	M65	Carnegie Harriers
56	38	Gemma	Chalmers	54.19	F40	Pitreavie AAC
57	111	Sarah	Wellcoat	54.25	FS	Carnegie Harriers
58	32	Vikki	Laing	54.31	FS	Unattached
59	110	Paul	Kelly	54.36	MS	Carnegie Harriers
60	27	Liam	Mason	54.44	M40	Falkland Trail Runners
61	161	Stuart	Goodfellow	55.14	M55	Kirkcaldy Wizards
62	81	Fiona	Ross	55.54	FS	Falkland Trail Runners
63	137	Gary	Charlton	56.03	M55	Unattached
64	97	Mike	Dales	56.34	M60	Perth Road Runners
65	28	Barry	Smith	56.36	M45	Pitreavie AAC
66	145	Kasia	Szafarz	56.41	FS	Kirkcaldy Wizards
67	7	Robert	Summers	56.58	M50	Unattached
68	44	Ian	Goldie	57.45	M45	Unattached
69	82	Niall	Patterson	57.47	M60	Carnegie Harriers
70	41	Ronnie	Pringle	58.02	MS	Unattached
71	20	Nicola	Philp	58.06	F40	Glenrothes Triathlon Club
72	91	David	Pease	58.15	M55	Falkland Trail Runners
73	152	Heather	Finlayson	58.16	F55	Kirkcaldy Wizards
74	22	Scott	Walker	58.22	M40	Unattached
75	13	Lucy	Fraser	58.29	F45	Kinross Road Runners
76	107	Thomas	Neilson	58.34	M40	Pitreavie AAC
77	98	Fiona	Manson	59.05	F55	Perth Road Runners
78	122	Paul	Wallace	59.26	M45	Falkland Trail Runners
79	164	Maxine	Bacon	59.45	F45	The Meedies Running Club
80	133	Juliette	King	59.55	FS	Unattached
81	50	Kerry	Hunter	60.02	FS	Carnegie Harriers
82	31	Jackie	Wheeler	60.36	M55	Unattached
83	167	Carole	Bruce	61.07	F40	Pitreavie AAC
84	85	Ian	Simmons	61.28	M50	Kirkcaldy Wizards
85	47	Kym	McCulloch	61.35	F50	Pitreavie AAC
86	37	Karen	Forsyth	61.44	F40	Carnegie Harriers
87	120	Shona	Ross	62.25	F55	Kirkcaldy Wizards
88	104	Gillian	Lopez	63.06	F55	Kinross Road Runners
89	128	James	Eadie	63.17	MS	Kirkcaldy Wizards
90	26	John	Smith	63.22	MS	Kirkcaldy Wizards
91	15	Liz	Eltringham	64.40	F55	Pitreavie AAC
92	6	Wendy	Grieve	65.38	F55	Kinross Road Runners
93	71	Jane	Macleod	66.26	F70	Carnegie Harriers
94	157	John	Elrick	66.30	M65	JSK Running Club
95	16	Nicky	Sutherland	66.54	F45	Kirkcaldy Wizards
96	106	Nicky	Mcgregor	67.10	F50	Kirkcaldy wizards
97	79	Phil	Smithard	67.17	M75	Carnegie Harriers
98	77	Gail	Beveridge	67.24	F60	Carnegie Harriers
99	102	Kevin	O'Neill	67.35	M55	Kirkcaldy Wizards
100	155	Mairi	Paterson	67.46	F50	Unattached
101	62	Alison	Brown	67.55	F60	Bellahouston Road Runners

102	146	Kelly	Ludwig	68.04	F45	Bellahouston Road Runners
103	34	Tina	Vandermotten	68.17	F60	Pitreavie AAC
104	80	Shelby	Lynch	68.25	FS	Carnegie harriers
105	14	Hannah	Lopez	68.45	FS	Kinross Road Runners
106	61	Lynn	Reid	69.21	F55	Bellahouston Road Runners
107	115	Shona	Turner	69.56	F50	Kirkcaldy wizards
108	158	Nickie	Turner	69.56	M45	Unattached
109	65	Terry	Nimmo	70.39	F60	Bellahouston Road Runners
110	67	Tony	Gallagher	71.02	M55	Falkland Trail Runners
111	3	Alan	Gardener	71.25	M50	Falkland Trail Runners
112	19	Stephen	McKee	71.50	M60	Pitreavie AAC
113	88	Ciara	Keenan	73.04	FS	Unattached
114	87	Anna	Hume	73.05	FS	Unattached
115	84	Sarah	Barrie	73.07	FS	Unattached
116	124	John	Lee	74.39	M65	Falkland Trail Runners
117	21	Nicky	Compston	74.45	F55	Pitreavie AAC
118	72	Donald	Macleod	75.57	M65	Carnegie Harriers
119	57	Lorraine	Abbot	77.07	F55	Pitreavie AAC
120	140	Alison	Player	77.34	F50	Recreational Running
121	139	Rachel	Scott	77.36	F45	Recreational Running
122	66	Linda	MacEachen	79.11	F65	Kinross Road Runners
123	10	Carolann	Kinnear	79.41	F45	Recreational Running
124	123	Rosemary	Lee	80.36	F60	Falkland Trail Runners
125	23	Sandie	Knudsen	80.49	F55	Pitreavie AAC
126	58	Debbie	Cooper	81.45	F60	Pitreavie AAC
127	142	Alison	Kelly	82.29	F50	Recreational Running
128	118	Jane	Beckwith	82.29	F55	Recreational Running
129	143	Aoife	Reid	83.25	F40	Unattached
130	4	Sandra	Gardener	86.06	F50	Falkland Trail Runners
131	45	Michelle	Webster	88.26	F40	Unattached
132	18	Tracy	Yule	88.27	FS	The Meedies Running Club
133	163	Philip	Grubb	89.24	MS	Recreational Running
134	165	Kimberley	Grubb	100.52	FS	Unattached